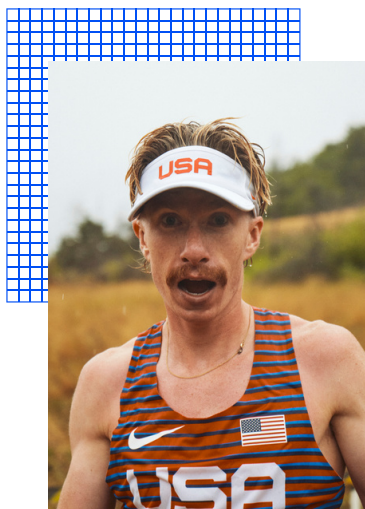


CHRISTIAN ALLEN



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Strava: [strava.com/athletes/slimcka](https://www.strava.com/athletes/slimcka)

PERSONAL BESTS

5,000m
13:34 - December 3, 2022 - Boston, MA
10,000m
28:26 - April 15, 2022 - Walnut, CA
Half Marathon
1:03:53 - August 8th, 2020 - Mapleton, UT
Marathon
2:15:01 - Dec 3rd, 2023 - CIM

TOP XC FINISHES

12th D1 NCAA cross country championships 2019
14th D1 NCAA cross country championships 2021
47th D1 NCAA cross country championships 2022

TRAIL RACES

1ST Snowbird Cirque 2022
2ND Alta Cirque 2022
1ST Red Mtn 30k (UT) 2023
1ST Snowbird Cirque 2023
1ST Speedgoat 50K 2023
1ST Alta Cirque 2023
2ND WMRA VK Nasego 2023
3RD Trofeo Nasego 21k 2023
3RD WMRA VK Final 2023
1ST WMRA Long Dist Final 2023
1ST Dirt Circus 10k 2023



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